

AQF LEVEL 3 | CHC33021

Certificate III in Individual Support (Ageing and Disability)

Start Your Career in Aged Care and Disability Support

Aged Care & Disability Support Course in Sydney

Trainer-led online theory plus face-to-face simulation and practical sessions at NTA's Burwood campus, with 120 hours of placement in aged care or disability services.



STANDARD DURATION

Min. 23 weeks



DELIVERY

Hybrid



WORK PLACEMENT

Min. 120 hours



TOTAL COURSE COST

\$2,000

COURSE FACTS CHC33021 · Ageing and Disability specialisation · 120 placement hours · Burwood, Sydney · Nationally recognised training · Experienced trainers, including Registered Nurses · Min. 23 weeks · Trainer-led online theory + structured self-directed learning + face-to-face simulation · Regular intakes · Smart and Skilled may be available to eligible students · \$2,000 · 15 units · RPL and Credit Transfer available

— ABOUT THIS COURSE

CHC33021 prepares you to support people in community, home and residential care who need assistance because of ageing, disability or another reason. You work under supervision as part of a multi-disciplinary team, following an individualised plan. Theory is delivered as trainer-led online classes through Open Learning, with structured self-directed activities you complete in your own time, and simulation, practical sessions and assessment face-to-face at Burwood. You complete 15 units and at least 120 hours of placement.

— WHAT YOU WILL LEARN

- ✓ Provide person-centred support by following an individualised plan
- ✓ Support a client's independence, wellbeing and daily living needs
- ✓ Recognise healthy body systems and report changes in a client's condition
- ✓ Apply infection prevention, control and safe manual handling practices
- ✓ Support people living with dementia and deliver palliative care
- ✓ Support community participation and inclusion for people with disability

— WHERE CAN A CAREER IN CARE TAKE YOU?

Aged Care Worker

Disability Support Worker

Personal Care Worker

Individual Support Worker

Community Care Worker

Residential Care Worker

Employment outcomes depend on successful completion of the qualification, employer requirements and individual suitability. NTA does not guarantee employment or a particular salary outcome.

— FEES

Tuition fee **\$1,850**

Application fee **\$150**

Total course cost \$2,000

Tuition \$1,850 + Application fee \$150 = Total \$2,000 fee-for-service. Additional costs are separate and are listed on page 2. Payment options and refunds are set out in NTA's Domestic Student Terms and Fees and Refunds Policy.

NSW Smart and Skilled. Smart and Skilled funding may be available to eligible students for this course, subject to NSW Government eligibility requirements, NTA's approved funding arrangements and availability of funded places. Where it applies you pay a student fee set by the NSW Government instead of the price above. Call (02) 9715 6528 to check your eligibility.

— ENTRY REQUIREMENTS

- 1 No academic prerequisites apply. NTA's admission requirements apply and you must be 18 or over when your course starts.
- 2 You complete a short review with us to ascertain your suitability for the course and to arrange any language, literacy and numeracy support you need.
- 3 Access to a computer or tablet and reliable internet for your online theory classes, and a Unique Student Identifier (USI).
- 4 Before placement, a Working with Children Check, a valid NDIS Worker Screening Check, and a National Police Check issued within the last three years.

Course duration. Minimum 23 weeks is NTA's standard delivery duration. Your actual completion date depends on your progression, assessment outcomes and placement scheduling.

— STUDY LOCATION

NTA Burwood Campus

Suite 106–108, 3 Railway Parade
Burwood NSW 2134, Australia

Theory classes are online and scheduled, with set self-directed activities you complete in your own time. You attend Burwood for simulation, practical sessions and assessment.

— WHY CHOOSE NURSE TRAINING AUSTRALIA

- ✓ Ageing and Disability specialisation in one course
- ✓ Purpose-built simulation environment
- ✓ 120 hours of placement, coordinated by NTA
- ✓ Learn from experienced trainers, including Registered Nurses
- ✓ Nationally recognised training
- ✓ Clear course information and fees up front

Your units, your placement, your next step

You complete 15 units of competency and at least 120 hours of work placement to earn CHC33021.

— UNITS OF COMPETENCY — 15 UNITS (9 CORE + 6 ELECTIVES)

UNIT CODE	UNIT TITLE	TYPE
CHCCCS031	Provide individualised support	Core
CHCCCS038	Facilitate the empowerment of people receiving support	Core
CHCCCS040	Support independence and wellbeing	Core
CHCCCS041	Recognise healthy body systems	Core
CHCCOM005	Communicate and work in health or community services	Core
CHCDIV001	Work with diverse people	Core
CHCLEG001	Work legally and ethically	Core
HLTINF006	Apply basic principles and practices of infection prevention and control	Core
HLTWS002	Follow safe work practices for direct client care	Core
CHCAGE011	Provide support to people living with dementia	Elective
CHCAGE013	Work effectively in aged care	Elective
CHCPAL003	Deliver care services using a palliative approach	Elective
CHCDIS011	Contribute to ongoing skills development using a strengths-based approach	Elective
CHCDIS012	Support community participation and social inclusion	Elective
CHCDIS020	Work effectively in disability support	Elective

— YOUR WORK PLACEMENT

To achieve this qualification you must complete at least 120 hours of work placement in an aged care or disability services organisation, as detailed in the assessment requirements of the units of competency. NTA coordinates placement through its network of host organisations, subject to student readiness, host requirements and availability. Host organisations set their own screening, immunisation and induction requirements and may decline a placement.

— HOW YOU WILL BE ASSESSED

- ✓ Knowledge-based assessments
- ✓ Projects and case studies
- ✓ Practical demonstrations in a simulated environment
- ✓ Demonstration of skills in the workplace during placement

— HOW TO ENROL

- 1 Enquire**
Call (02) 9715 6528 or send an enquiry from the course page.
- 2 Pre-enrolment review**
We check your suitability and arrange any language, literacy and numeracy support.
- 3 Apply and accept**
Complete your application, read NTA's Domestic Student Terms, and accept your offer.
- 4 Get placement-ready**
Set up your USI and clearances so your 120 hours can be scheduled.

— RECOGNITION OF PRIOR LEARNING AND CREDIT TRANSFER

Already done some of this? If you hold relevant units or have real industry experience, apply for Recognition of Prior Learning or Credit Transfer. Each application is assessed on its own merits, and you will need to provide suitable evidence before a decision is made.



Regular intakes throughout the year — view CHC33021 course details and fees

Scan the code or visit the course page. Call (02) 9715 6528 or email info@nta.edu.au to speak with us directly.

nta.edu.au/domestic-students/chc33021-certificate-iii-in-individual-support

Course CHC33021 RTO ID 41009 Institution Care Plus Training Pty Ltd trading as Nurse Training Australia

Fees shown are fee-for-service and are current as at August 2026, and are subject to change. You will receive NTA's Domestic Student Terms covering your course, fees and payment terms, and refund arrangements before enrolment is confirmed and before fees are accepted. Additional costs may include a device and internet access, printing, stationery, uniform, and placement screening or immunisation checks. Recognition of Prior Learning and Credit Transfer are available on application. Complaints and appeals arrangements are set out in the Student Handbook. Employment outcomes depend on successful completion of the qualification, employer requirements and individual suitability. Qualification details are published on the national register at training.gov.au.

POLICIES AND INFORMATION TO READ BEFORE YOU ENROL

- Student Information and Enrolment Policy
- Domestic Student Terms
- Smart and Skilled Student Terms
- Fees and Refunds Policy
- Recognition, RPL and Credit Transfer Policy
- Study Load and Course Duration Policy
- Work Placement Policy
- Student Support Policy
- Disability and Reasonable Adjustment Policy
- Course Variation and Withdrawal Policy
- Deferment, Suspension and Cancellation of Enrolment Policy
- Complaints, Appeals and Feedback Policy
- Privacy and Records Policy
- USI and Certification Policy