

# Course OUTLINE for Smart and Skilled

This qualification focuses on the role of workers in the community and/or residential setting who use an individualised plan to support people who may require person centred support due to ageing, disability or some other reason.

These individuals take responsibility for their own outputs within the scope of their job role and delegation. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

The skills in this qualification must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

To achieve this qualification, the candidate must have completed at least 120 hours of work Placement in an Aged care or disability services organisation as detailed in the Assessment requirements of the units of competency.

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of Publication.

The Certificate III in Individual Support contains two specialist streams:

### Ageing Disability

This gives you the opportunity to complete a Certificate III in Ageing, then by doing a further three(3) electives in disability you will graduate with two qualifications. This model will increase employment opportunities and deepen their knowledge of the various sectors they you may be working with in the future.

In addition, on completion of the Certificate III, you can receive credits for units that make up the Certificate IV qualifications of Ageing Support, Disability, Mental Health and Leisure and Health.



# Entry REQUIREMENTS for Smart and Skilled 2019 (NSW Government Subsidised Training)

There are no academic prerequisites for the CHC33021 Certificate III in Individual Support. But you need to have reasonable English language, literacy and numeracy to successfully complete the course (LLN). In addition, a Police Clearance Certificate and working with children check and a valid NDIS Worker Screening Check(Disability Stream) is mandatory prior to your work placement; you must undertake a Federal Police Check (AFP) or NSW Police check (it must be no less than 3 years old).

Eligibility Requirements: Must be a Australian citizen or permanent resident or humanitarian visa and must be 15 Years or Older, and must live or work in NSW. Entry Requirements in detail can be found on Smart and Skilled Student Handbook and Fee Administration Policy 2024-2025 on website www.nta.edu.au under funded course section. Visit https://education.nsw.gov-au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training- options/smart-and-skilled for more information.

\*Note: As part of work placement, the students must be physically be able to do moderate amount of lifting using the appropriate equipment. The students should not have any mobility, hearing, and vision problems to carry out duties efficiently in aged care, acute care and com-munity care settings whilst at placement.

## Who should do this COURSE?

People pursuing a career in a residential facility such as a Nursing Home, Hostel, Residential Care Facility, Disability Care Facility, Rehabilitation Centre, a Retirement Village and Community Health Care Centre or in some hospitals.

Graduates may seek employment in the following jobs:

- Assistant in nursing
- Care assistant
- Care worker
- Community care worker
- Community house worker
- Community support worker

- In-home respite worker
- Personal care assistant
- Personal care worker
- Support worker
- Home care assistant
- Disability service worker

### Course DURATION

This course is 26 weeks for one stream

- Two days of workshops a week (16 hours each) over 22 weeks
- Work placement of 120 hours in total (15 days) to be spread over 3-4 weeks

See the website for our intake dates or ring the office for details.

Note: It will take up to 40 weeks for additional qualifications (Disability).

## **Course LOCATION**

All training is held at our office at Burwood which is right next to the railway station. Work placements will be selected where possible to meet your travel needs.

#### **Assessments**

As this is a nationally recognised qualification, you will be required to successfully complete all units to a standard to ensure that you are job ready.

Each unit contains assessments which include:

- Practical demonstrations where you will be observed by one of our assessors in a simulated environment and in your work Placement
- Knowledge based tests which contain written short answer questions
- Small projects which contain written tasks for you to investigate and complete in your own time.

Note: You must be deemed competent with each unit in order to receive your qualification.

### Course DELIVERY

Delivery is a combination of methods to cover the theory and practice requirements:

- Workshops for developing your theory
- Demonstrations, instructions in a simulated environment to give you that valuable practice. Self-paced study and support to embed your learning
- Work placements to apply your skills

You will be trained in the use of Manual handling equipment and other equipment such as:

- Lifting hoist, Stand up Lifter, Pelican Belt, Slide Sheet, Electric bed, & Wheelchair.
- Blood sugar testing equipment, Blood Pressure, Pulse Oximeter etc.

Work Placement at a Community Service facility/Aged Care/ Disability Centre is arranged with you and you will receive the support of one of our mentors to ensure this opportunity is a rewarding experience. For work placement, students have to wear Black/blue trousers and black closed shoes, we will provide you with a NTA Polo T-shirt.

# Recognition of Prior Learning (RPL) and CREDIT TRANSFER

You may have developed a number of skills in community care, through previous employ - ment opportunities, life experience or formal studies. If this is the case, then you should ask about recognition of prior learning. This may shorten your course. For example, if you hold a current First Aid Certificate from a recognised RTO you will be given credit for the first aid unit.

# Study units and QUALIFICATION

# CHC33021 Certificate III in Individual Support (Ageing Specialisation)

Total number of units: 15 | 9 core units and 6 selective units

# **CORE UNITS:**

UNIT CODE	UNIT NAME	STATUS
CHCCCS031	Provide individualised support	Core
CHCCCS040*	Support independence and well being	Core
CHCCOM005	Communicate and work in health or community services	Core
CHCDIV001	Work with diverse people	Core
CHCLEG001	Work legally and ethically	Core
CHCCCS041	Recognise healthy body systems	Core
CHCCCS038*	Facilitate the empowerment of people receiving support	Core
HLTINF006	Apply basic principles and practices of infection prevention	and control Core
HLTWHS002	Follow safe work practices for direct client care	Core

# **ELECTIVES WE OFFER:**

UNIT CODE	UNIT NAME	STATUS
HLTAID011	Provide first aid	Elective
CHCAGE013	Work effectively in aged care	(specialist elective Ageing)
CHCAGE011	Provide support to people living with dementia	(specialist elective Ageing)
CHCPAL003	Deliver care services using a palliative approach	(specialist elective Ageing)
CHCAGE007	Recognise and Report risk of falls	Elective
CHCCCS036	Support relationships with carer and family	Elective

# CHC33021 Certificate III in Individual Support (Disability Specialisation)

Total number of units: 15 l 9 core units and 6 selective units CORE UNITS:

UNIT CODE	UNIT NAME	STATUS
CHCCCS031	Provide individualised support	Core
CHCCCS040	Support independence and well being	Core
CHCCOM005	Communicate and work in health or community services	Core
CHCDIV001	Work with diverse people	Core
CHCLEG001	Work legally and ethically	Core
CHCCCS041	Recognise healthy body systems	Core
CHCCCS038	Facilitate the empowerment of people receiving support	Core
HLTINF006	Apply basic principles and practices of infection prevention and control	Core
HLTWHS002	Follow safe work practices for direct client care	Core

# **ELECTIVES WE OFFER:**

UNIT CODE	UNIT NAME	STATUS
HLTAID011	Provide first aid	
CHCDIS011	Contribute to ongoing skills development using a strengths-ba	ased approach (specialist elective)
CHCDIS020	Work effectively in disability support	(specialist elective)
CHCDIS012	Support community participation and social inclusion	(specialist elective)
CHCAGE007	Recognise and Report risk of falls	
CHCCCS036	Support relationships with carer and family	

Remember, if you complete the Cert III in Ageing, then you only complete the specialist electives in the other qualifications to achieve graduation in all two.

### Cost of the course

Please look at the Notification/Reporting of enrolment policy, Smart and Skilled Student Handbook and Fee Administration Policy 2024-2025 under Smart and Skilled policies on the website www.nta.edu.au under funded course section. For the entry requirements in detail and the amount of fees you might be paying is based on the circumstances (If you are eligible for Concessions). Visit https://education.nsw.gov.au/skills- nsw/apprentices-and-trai ees/low-cost-and-free-training-options/smart-and-skilled for more information.

### For more DETAILS

Visit www.nta.edu.au or Email: info@nta.edu.au

#### Or visit us at the office:

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Our friendly staff are waiting for your call