



CHC43315 CERTIFICATE IV IN MENTAL HEALTH

(This training is subsidised by NSW government)

Course OUTLINE

This qualification focuses on the role of workers who provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability. Work involves implementing community based programs and activities focusing on mental health, mental illness and psychiatric disability. Work is undertaken in a range of community contexts such as community based non- government organisations; home based outreach; centre-based programs; respite care; residential services, rehabilitation programs; clinical settings; or supporting people in employment. Work is carried out autonomously under the broad guidance of other practitioners and professionals.

To achieve this qualification, the candidate must have completed at least 80 hours of work as detailed in the Assessment Requirements of units of competency.

Entry REQUIREMENTS for Smart and Skilled 2019 (NSW Government Subsidised Training)

There are no academic prerequisites for the CHC43315 Certificate IV in Mental Health. But you need to have reasonable English language, literacy and numeracy to successfully complete the course (LLN). In addition, a Police Clearance Certificate and a valid NDIS Worker screening check and Working with Children's Check is mandatory prior to your work placement. Therefore, you must undertake a Federal Police Check (AFP) or NSW Police check (it must be no less than 2 years old).

Eligibility Requirements: Must be an Australian citizen or permanent resident or humanitarian visa and must be 15 Years or Older, and must live or work in NSW. Entry Requirements in detail can be found on Smart and Skilled Student Handbook and Fee Administration Policy 2024-2025 on website www.nta.edu.au under funded course section. Visit <https://education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options/smart-and-skilled> for more information.

***Note:** As part of work placement, the students must be physically be able to do moderate amount of lifting using the appropriate equipment. The students should not have any mobility, hearing, and vision problems to carry out duties efficiently in aged care, acute care and community care settings whilst at placement.

Pathways

Students who have completed the Certificate III in Individual Support will have some units that they will receive credit for. In addition those students who have completed the Certificate IV of Ageing Support and or Disability, will have credits to units that make up this Certificate IV in Mental Health (these are indicated with an asterisk in the table of units that make up this qualification – see below).

- Certificate IV in Alcohol and Other drugs
- Diploma of Nursing
- Diploma of Alcohol and other drugs
- Diploma of Mental Health

Who should do this COURSE?

People pursuing a career in a facility such as a respite care; residential services, rehabilitation programs; clinical settings; home based outreach; centre-based programs; or supporting people in employment.

Graduates may seek employment in the following jobs:

- Mental Health Support Worker
- Community Support Worker
- Mental Health Outreach Worker

Course DURATION

This course is 26 weeks. The structure is as follows:

- Two days of workshops a week (8 hours each) over 22 weeks
 - Work placement of 120 hours in total (15 days) to be spread over 3-4 weeks
- Commencement dates. See the website for our intake dates or ring the office for details.

Course LOCATION

All training is held at our office at Burwood which is right next to the railway station. Work placements will be selected where possible to meet your travel needs.

Assessments

As this is a nationally recognised qualification, you will be required to successfully complete all units to a standard to ensure that you are job ready. Each unit contains assessments which are:

- Practical demonstrations where you will be observed by one of our assessors in a simulated environment and in your work Placement
- Knowledge based tests which contain written short answer questions
- Small projects which contain written tasks for you to investigate and complete in your own time.

Note: You must be deemed competent with each unit in order to receive your qualification.

Course DELIVERY

Delivery is a combination of methods to cover the theory and practice requirements:
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- Workshop for developing your theory (maximum of 20 students)
- Demonstrations, instructions in a simulated environment to give you that valuable practice (maximum of 10 students) Self-paced study and support to embed your learning
- Work placements to apply your skills

Work Placement at a Mental Health Hospital, Community Service facility is arranged with you and you will receive the support of one of our mentors to ensure this opportunity is a rewarding experience.

Recognition of Prior Learning (RPL) and Credit Transfer

You may have developed a number of skills in community service or mental health care, through previous employment opportunities, life experience or formal studies. If this is the case then you should ask about recognition of prior learning. This may shorten your course. If you hold a current First Aid Certificate from a recognised RTO you will be given credit for the first aid unit.

Topics: Study units and QUALIFICATION

Our course has been designed to meet the requirements for the CHC43315 Certificate IV in Mental Health.

It contains 15 Units; 11 Core units and 4 Elective units:

CORE UNITS:

UNIT CODE	UNIT NAME	STATUS
CHCDIV001	Work with diverse people *	Core
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	Core
CHCLEG001	Work legally and ethically*	Core
CHCMHS002	Establish self-directed recovery relationships	Core
CHCMHS003	Provide recovery oriented mental health services	Core
CHCMHS004	Work collaboratively with the care network and other services	Core
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues	Core
CHCMHS007	Work effectively in trauma informed care	Core
CHCMHS008	Promote and facilitate self-advocacy	Core
CHCMHS011	Assess and promote social, emotional and physical wellbeing	Core
HLTWHS001	Participate in work health and safety	Core

ELECTIVES WE OFFER:

UNIT CODE	UNIT NAME	STATUS
CHCCCS019	Recognise and respond to crisis situations	Elective
HLTHPS006	Assist clients with medication*	Elective
HLTAAP001	Recognise healthy body systems*	Elective
HLTAID011	Provide first aid*	Elective

* These units were in other Certificate IV qualifications (such as Ageing Support and Disability) so students of those completed courses will be eligible for credit transfer.

Cost of the course

Please look at the Notification/Reporting of enrolment policy, Smart and Skilled Student Handbook and Fee Administration Policy 2024-2025 under Smart and Skilled policies on the website www.nta.edu.au under funded course section. For the entry requirements in detail and the amount of fees you might be paying is based on the circumstances (If you are eligible for Concessions). Visit <https://education.nsw.gov.au/skills-nsw/apprentices-and-trainees/low-cost-and-free-training-options/smart-and-skilled> for more information.

For more details

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Our friendly staff are waiting for your call