



PROMOTING HOLISTIC TRAINING

RTO ID: 41009



CHC43315 CERTIFICATE IV IN MENTAL HEALTH

A one-year course for international students

Course **OUTLINE**

This qualification focuses on the role of workers who provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability. Work involves implementing community based programs and activities focusing on mental health, mental illness and psychiatric disability. Work is undertaken in a range of community contexts such as community based non-government organisations; home based outreach; centre-based programs; respite care; residential services, rehabilitation programs; clinical settings; or supporting people in employment. Work is carried out autonomously under the broad guidance of other practitioners and professionals.

To achieve this qualification, the student must have completed at least 80 hours of work as detailed in the Assessment Requirements of the units of competency.



CRICOS Course Code: 115045J
CRICOS ID: 03575C

Who should do this COURSE ?

People pursuing a career in a facility such as a respite care; residential services, rehabilitation programs; clinical settings; home based outreach; centre-based programs; or supporting people in employment.

Graduates may seek employment in the following jobs:

- Mental Health Support Worker
- Community Support Worker
- Mental Health Outreach Worker

Entry REQUIREMENTS

There are no formal entry requirements for this course; however, applicants should demonstrate ability to perform tasks as required by the industry.

- Applicants must be 18 years or above
- School education at least at Australian high school leaving level Year 12 (HSC in NSW); or other relevant qualification/s;
- Or experience in an aged care or nursing environment;
- Academic IELTS 5.5 overall, no less than 5.0 in each band, or upper intermediate, or EAP from approved ELICOS/ESL centre or
- Evidence of completing a VET course at Certificate IV or above level in Australia.

Course DURATION

This course is **52 weeks** with **9 weeks study** of each term for **4 Terms**. The structure is based on **20 hours per week** as follows:

- You attend College two days a week for classroom learning, practice and assessment (**8 hours each**)
- You also study a structured study program by unit in the online learning platform for **4 hours per week**
- To get the most out of your course you need to do some self- study in your own time. When you are ready there is a work placement of **120 hours spread over 3-4 weeks in term 4**.
- Commencement dates are the start of every term.

See the website for our intake dates or ring the office for details.

Course DELIVERY

Delivery is a combination of methods to cover the theory and practice requirements:

- Workshops for developing your theory knowledge such as anatomy and medications and care plans
- Supplementary learning online for each unit in theory and skills and case studies
- Demonstrations then practice to give you that valuable practice time before you go to the work place
- Self-paced study and support to embed your learning and practical skills
- Work placements to apply your skills.

You will be trained to use manual handling equipment and other equipment such as:

- Lifting hoist, Stand up Lifter, Pelican Belt, Slide Sheet, Electric bed, & Wheelchair.
- Glucometer, Blood Pressure, Pulse Oximeter etc.
- Medication Trolley, Medications (Dummy), & Dressing Trolley.

Work Placement at a Mental Health Hospital, Community Service facility is arranged with you and you will receive the support of one of our mentors to ensure this opportunity is a rewarding experience. For work placement, students have to wear your own black trousers and black closed shoes, we will provide you with NTA logo Polo T-shirt.

Course TOPICS

Study **15 units** to gain your qualification

11 Core units and **4 Elective** units.

Our course has been designed to meet the requirements for the **CHC43315 Certificate IV in Mental Health Support**.

Core UNITS

UNIT CODE	UNIT NAME	STATUS
CHCDIV001	Work with diverse people *	Core
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	Core
CHCLEG001	Work legally and ethically*	Core
CHCMHS002	Establish self-directed recovery relationships	Core
CHCMHS003	Provide recovery oriented mental health services	Core
CHCMHS004	Work collaboratively with the care network and other services	Core
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues	Core
CHCMHS007	Work effectively in trauma informed care	Core
CHCMHS008	Promote and facilitate self-advocacy	Core
CHCMHS011	Assess and promote social, emotional and physical wellbeing	Core
HLTWHS001	Participate in work health and safety	Core

Electives UNITS

UNIT CODE	UNIT NAME	STATUS
CHCCCS019	Recognise and respond to crisis situations	Elective
HLTHPS006	Assist clients with medication	Elective
HLTAAP001	Recognise healthy body systems*	Elective
HLTAID011	Provide first aid*	Elective

For more details/information, ask for an Information Pack.

Course ASSESSMENTS

As this is a nationally recognised qualification, you will be required to successfully complete all units to a standard so that you are job ready. Each unit contains assessments which include:

- Knowledge based tests which contain written short answer questions, case studies and project works
- Practical demonstrations where you will be observed by one of our assessors in a simulated environment.
- Demonstration of clinical skills in Work place environment, assessed by our facilitator

Note: You must be deemed competent with each unit in order to receive your qualification.

Requirements for the WORK PLACEMENT

- A Police Clearance Certificate is mandatory prior to your work placement; you must undertake a Federal Police Check (AFP) or NSW Police check (it must be no less than 12 months old).

This can be done through a website.

- Working with Children check
- Valid NDIS Worker Screening Check
- Relevant immunization check (as per NSW health guide lines)

These checks must be completed at the start of the course and prior to industry work placement. The students must be physically able to do moderate amount of lifting using the appropriate equipment. The students should not have any mobility, hearing, and vision problems to carry out duties efficiently in the hospital or community care settings whilst at placement.

Recognition of Prior Learning (RPL) and CREDIT TRANSFER

You may have developed a number of skills in community service or disability care, through previous employment opportunities, life experience or formal studies. If this is the case, then you should ask about recognition of prior learning. This may shorten your course. If you hold a current First Aid Certificate from a recognised RTO you will be given credit for the first aid unit.


Course PATHWAYS This is only the start of your academic journey

After achieving the Certificate IV in Disability Support you have a number of pathway options. You can complete further study and gain the Certificate IV in Ageing or go on to the Diploma Community Services with NTA or apply for Bachelor of Nursing.

Course fee Aus \$ 9,900 + 500 Materials + \$250 Enrolment fee

Fees are payable by Cheque, Money order, Cash, Internet or Bank Deposit (See Enrolment Form for details). Other arrangements may be made based on individual needs.





“ Education is not the learning of
many facts but the training of the
mind to think. ”

Albert Einstein



www.nta.edu.au

Head Office:
Suite 106-108, 3 Railway Parade, Burwood NSW 2134

t: + 61 2 9715 6528 f: + 61 2 9715 2339

CARE PLUS TRAINING PTY LTD T/A Nurse Training Australia.
ABN: 291 661 75462. CRICOS ID: 03575C. RTO ID: 41009

Our friendly staff are waiting for your call