

Course OUTLINE

This qualification focuses on the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sector areas. Workers may be in residential facilities and/or in community agencies and day centres, completing specialised tasks and functions in relation to leisure and health.



Entry REQUIREMENTS

There are no academic pre-requisites for the CHC43415 Certificate IV in Leisure and Health But you need to have reasonable English language, literacy and numeracy to successfully complete the course (LLN). In addition, a Police Clearance Certificate and working with children check (Disability Stream) is mandatory prior to your work placement; you must undertake a Federal Police Check (AFP) or NSW Police check (it must be no less than 3 years old).

*Note: As part of work placement, the students must be physically be able to do moderate amount of lifting using the appropriate equipment. The students should not have any mobility, hearing, and vision problems to carry out duties efficiently in aged care, acute care and community care settings whilst at placement.

Who should do this COURSE?

People pursuing a career in a facility such as a Nursing Home, Hostel, Residential Care Facility, Disability Facility, and Community Health Care Centre.

Graduates may seek employment in the following jobs:

- Activities officer
- Community leisure officer
- Disability officer day support
- Diversional therapy assistant
- Leisure officer
- Recreation activities officer

Course DURATION

This course is 26 weeks for one stream

- Two days of workshops a week (8 hours each) over 22 weeks
- Work placement of 120 hours in total (15 days) to be spread over 3-4 weeks.

See the website for our intake dates or ring the office for details.

Pathways

Students who have completed the Certificate III in Individual Support will have some units that they will receive credit for. In addition those students who have completed the Certificate IV of Ageing Support and or Disability, will have credits to units that make up this Certificate IV in Leisure and Health (these are indicated with an asterisk in the table of units that make up this qualification – see below).

• Diploma of Leisure and Health

Course LOCATION

All training is held at our office at Burwood which is right next to the railway station. Work placements will be selected where possible to meet your travel needs.

Assessments

As this is a nationally recognised qualification, you will be required to successfully complete all units to a standard to ensure that you are job ready.

Each unit contains assessments which include:

- Practical demonstrations where you will be observed by one of our assessors in a simulated environment and in your work Placement
- Knowledge based tests which contain written short answer questions
- Small projects which contain written tasks for you to investigate and complete in your own time.

Note: You must be deemed competent with each unit in order to receive your qualification.

Course DELIVERY

Delivery is a combination of methods to cover the theory and practice requirements:

- Workshops for developing your theory
- Demonstrations, instructions in a simulated environment to give you that valuable practice. Self-paced study and support to embed your learning
- Work placements to apply your skills

You will be trained in the use of Manual handling equipment and other equipment such as:

- Lifting hoist, Stand up Lifter, Pelican Belt, Slide Sheet, Electric bed, & Wheelchair.
- Blood sugar testing equipment, Blood Pressure, Pulse Oximeter etc.
- Conducting activities-Assessment and Planning,
- Managing Medications and other Medical conditions for Outing.

Work Placement at a Community Service facility/Aged Care/Disability Centre is arranged with you and you will receive the support of one of our mentors to ensure this opportunity is a rewarding experience. For work placement, students have to wear Black/blue trousers and black closed shoes, we will provide you with a NTA Polo T-shirt.

Recognition of Prior Learning (RPL) and CREDIT TRANSFER

You may have developed a number of skills in community care, through previous employment opportunities, life experience or formal studies. If this is the case, then you should ask about recognition of prior learning. This may shorten your course. For example, if you hold a current First Aid Certificate from a recognised RTO you will be given credit for the first aid unit.

Study units and QUALIFICATION

Our course has been designed to meet the requirements for the CHC43415 Certificate IV in Leisure and Health.

It contains 17 Units; 10 Core units and 7 Elective units:

CORE UNITS:

| UNIT CODE | UNIT NAME | STATUS |
|-----------|--|--------|
| CHCCOM002 | Use communication to build relationships | Core |
| CHCDIV001 | Work with diverse people* | Core |
| CHCLAH001 | Work effectively in the leisure and health industries | Core |
| CHCLAH002 | Contribute to leisure and health programming | Core |
| CHCLAH003 | Participate in the planning, implementation and monitoring of individual leisure and health programs | Core |
| CHCLAH004 | Participate in planning leisure and health programs for clients with complex needs | Core |
| CHCLAH005 | Incorporate lifespan development and sociological concepts into leisure and health programming | Core |
| CHCPRP003 | Reflect on and improve own professional practice | Core |
| HLTAAP002 | Confirm physical health status | Core |
| HLTWHS002 | Follow safe work practices for direct client care* | Core |

ELECTIVES WE OFFER:

| UNIT CODE | UNIT NAME | STATUS |
|-----------|---|----------|
| CHCAGE001 | Facilitate the empowerment of older people | Elective |
| CHCAGE005 | Provide support to people living with dementia* | Elective |
| CHCCCS015 | Provide individualised support* | Elective |
| CHCCCS023 | Support independence and well being | Elective |
| HLTAID011 | Provide first aid* | Elective |
| CHCCCS025 | Support relationships with carers and families | Elective |
| CHCPAL001 | Deliver care services using a palliative approach | Elective |

^{*} These units were in other Certificate IV qualifications (such as Ageing Support and Disability) so students of those completed courses will be eligible for credit transfer

Course FEE \$2,400

Note: The RTO will decide the course fees based on the credit transfer and units of competency to achieve the qualification. Fees are payable by Cheque, Money order, Cash, Internet or Bank Deposit (See Enrolment Form for details). Other arrangements may be made based on individual needs.

For more DETAILS

Visit www.nta.edu.au or Email: info@nta.edu.au

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Our friendly staff are waiting for your call